

OPERATION



WARD 57

Supporting Wounded Service Members & Their Loved Ones

22WOD To end Veteran Suicide

PROUDLY SUPPORTED BY



February 22nd @ 12:20pm

*22 Repetitions
for
22 Exercises*

22 Veterans take their own lives each day in the US. In order to promote awareness and show our nations heroes they are not alone we are inviting you and your local gym to participate in the 22WOD to end Veteran Suicide. In addition to that we will be raising money by asking each participant to leave a 22\$ donation which will go to Operation Ward 57's Canine companion program. Uniting struggling Veterans with service dogs has proven to be effective in combating depression, anxiety, and seclusive behavior which are all common in PTSD.

FOR ADDITIONAL EVENT INFO: FB @ 22WOD to End

ADDITIONAL INFO ON ORG. visit

Veteran Suicide

www.operationward57.org or email Heatheropw57@gmail.com